5400. LAW #3: Substitutions -- All Programs

5410. Players being substituted must exit the field of play prior to players coming on the field.5420. All players should leave and enter the field at the middle of the field.

5430. In playoff matches, subs may be made at the beginning of any overtime period at the discretion of the coach. Compulsory substitution need not be followed.

5440. Recreation: Each player must play a minimum of half of each half of a match, if he/she meets practice participation requirements set by their club/association.

5441. U-06, U-08 and U-10: Half of each half is the mandated playing minimum per player. It is recommended that whenever possible all players should play three-fourths of each game, unless the player is unwilling or unable.

5443. Athena, Classic, Challenge: Each player must play a minimum of half a match, if he/she meets reasonable practice participation requirements set by their club/association.

5445. Junior: Junior Division I and II teams are not required to have all registered players of the team who are present at match site play at least one half of the match.

5450. It is the responsibility of the team coach, employing the unlimited substitution procedures, to assure that this policy is carried out.

5460. No player shall leave the field of play prior to the expiration of the game without the consent of the referee.

5500. LAW #3: Substitutions -- For U-06 through U-12 Recreational Teams

5510. There shall be four times to substitute.

5520. At two of these times, substitutions are mandatory:

5521. In the middle of the first half of play; and

5523. In the middle of the second half of play.

5530. At the other two times, substitutions may be made at the option of the coach:

5531. At half time; and

5533. In case of an injured player substitution, the opposing team may also substitute (one player for each injured player substituted).

5540. At mandatory substitution time, all players on the bench must be substituted, unless injured or listed as ineligible on the team roster presented to the referee prior to the start of the match.

5550. Both teams shall substitute at the same time.

5560. At mandatory substitution times, the referee shall whistle at the first dead ball after the times specified below, and allow (i.e. - wave on, call on, etc.) substitutes to enter the field: FOR MATCHES WHOSE WHISTLE AT FIRST HALF-TIME DURATION IS:

DEAD BALL AFTER:

5561. 25 minutes 11th minute

5563. 30 minutes 14th minute

5570. Failure of a team to follow the participation and/or substitution rule must result in a forfeit of the match; this includes playoffs and championship matches.

5580. If this comes to the referee's attention during a match, he shall make a record of it on the game report, notify each coach, and then see that the match continues and is completed.

5590. U-10 Goalkeeper Participation: In recreational play, the goalkeeper must be given at least as much time in each game as a field player as he/she plays as goalkeeper.

5591. U-06 and U-08: It is strongly recommended that there be no goalkeeper and that all players be field players.

5592. U-06 and U-08: If a goalkeeper is used, it is strongly recommended that the players be rotated equally so that every player plays the field and goalkeeping.

5593. U-06 and U-08: All GYSA sponsored events and tournament games will be played with no goalkeeper.

5600. LAW #3: Substitutions -- All Select Programs and U-14 and over Recreational Teams

5610. Substitutions shall be unlimited except where specified otherwise in the Rules and Regulations.

5620. Select competitions may specify substitution policies.

5630. Substitutions may be made, with the consent of the referee, at the following times:

5631. Prior to a throw-in in your favor.

5632. Prior to a goal kick, by either team.

5633. After a goal, by either team.

5634. After an injury, by either team, when the referee stops the play. Substitutions shall not be limited to only the injured player or his team.

5635. At half time.

5636. After a caution, by either team.

5640. Substitutions are not allowed during the stoppage of play for a player being sent off (red card).